

BREAKFAST

SERVED UNTIL 11:30AM

THE ADVENTURER'S **BREAKFAST**

3 rashers of bacon, 2 sausages, 2 eggs, 2 hashbrowns, tomato, beans and mushrooms served with toast

£14.95 1269kcal

WELSH BREAKFAST

2 rashers of bacon, sausage, egg, hashbrown, tomato, mushrooms, beans and toast

£11.00 845kcal

VEGGIE BREAKFAST (V)

2 veggie sausages, egg, tomato, mushrooms, hashbrown, beans and toast

£11.00 977kcal





SAUSAGE BAP

Sausages served in a bap with Welsh butter

£5.95 406kcal

BACON BAP

Back bacon served in a bap with Welsh

£5.95 336kcal

VEGGIE SAUSAGE BAP (V)

VE without butter

Veggie sausages served in a bap with Welsh butter

£5.95 505kcal

EGG BAP (V)

Fried egg served in a bap with Welsh butter

£5.50 649kcal

EXTRAS

£1.50 156kcal

£1.00 143kcal

£1.00 126kcal

£1.50 91kcal

BREAKFAST

BACON

£1.50 179kcal

SAUSAGE

HASHBROWN

FREE RANGE EGG

VEGGIE SAUSAGE



LIGHT BITES

SERVED FROM 11:30AM

SOUP OF THE DAY

Served with a bloomer slice and butter

£5.75

CAJUN CHICKEN WRAP

Cajun-spiced chicken, salad, lemon and coriander mayo in a tortilla wrap, served with fries and coleslaw

£10.25 1200kcal

BLT SANDWICH

Back bacon, baby gem lettuce, tomato, red onion and mayonnaise served on local bread with salad

£8.50 1093kcal

CLUB SANDWICH

Sliced chicken breast, bacon, salad and mayo served on local bread with salad and coleslaw

£9.00 747kcal

BEETROOT SALAD & HUMMUS WRAP (V) (VE)

Beetroot salad and hummus wrap, served





WELSH RAREBIT ON TOASTED BREAD

Grilled topping of cheddar cheese, ale & wholegrain mustard on thick-cut toast with salad and coleslaw

£7.95 999kcal

MOZZARELLA AND TOMATO CIABATTA (V)

Served with salad £7.95 753kcal

BACON, BRIE AND CRANBERRY CIABATTA

Back bacon, brie and cranberry sauce on a warm ciabatta served with a side salad and coleslaw

£8.95 1022kcal

TURKEY, STUFFING AND CRANBERRY SANDWICH

Roast turkey breast, cranberry sauce and homemade stuffing sandwich served with a side salad and coleslaw

£8.95 473kcal

ADD FRIES FOR £3.00





BURGERS

SERVED FROM 11:30AM

FFOREST BURGER

Beef burger stacked with smoked bacon, melted cheese, salad, gherkins, chive mayo and a homemade burger relish in a fresh local sourdough bun, served with fries and coleslaw

£16.00 771kcal

CHICKEN & BACON BURGER

Chicken and bacon burger in a sourdough roll with avocado purée, baby gem leaves, tomato and sweet chilli mayo, served with fries and coleslaw

£16.00 1126kcal

SPICY FALAFEL BURGER (V) (VE)

Homemade spicy falafel burger, pickled beetroot chutney and salad, all in a fresh local sourdough bun, served with fries

£16.00 1104kcal

SIDES

FRIES

£4.00 248kcal

ADD CHEESE FOR £1.00

GARLIC BREAD

£4.00 331kcal

ADD CHEESE FOR £1.00

HOMEMADE COLESLAW

£3.50 119kcal

SHARE FOR 2

SERVED FROM 11:30AM

WELSH BEEF CHILLI FRIES

Fries to share topped with Welsh beef chilli & melted cheese, served with sour cream and relish

£11.95 856kcal

WELSH BEEF CHILLI NACHOS

Nachos to share topped with Welsh beef chilli & melted cheese, served with sour cream and relish

£11.95 1159kcal





SERVED FROM 11:30AM

CHICKEN GOUJONS

Chicken goujons served with fries and beans

£5.00 383kcal

SAUSAGE & FRIES

Pork sausage served with fries and beans

£5.00 863kcal

WELSH CHEESEBURGER

Beef burger topped with melted cheese, served with fries

£5.00 847kcal

VEGAN SAUSAGE (V) (VE)

Vegan sausage served with fries and beans

£5.00 586kcal

TOMATO PASTA (V)

Tomato pasta topped with grated cheese and served with garlic bread

£5.00 586kcal

FOOD ALLERGY NOTICE

If you have a food allergy or a special dietary requirement please inform a member of our team before you place your order.